

Freedom Fight Equipping Training

- The Freedom Fight's mission is to equip men and women to _____ and run the race and reach their God-given potential in Christ.
- Ted doesn't know of a heavier weight or a more entangling sin than _____.
- The goal isn't simply _____, but the goal is to run free after Christ and his purposes.

Brutal Realities of Pornography:

- It's _____.
 - _____% of Christian men use porn at least monthly.
 - _____% of non-Christian men use porn at least monthly.
 - Practicing Christian college men:
 - _____% watch porn at least occasionally.
 - _____% watch porn at least weekly.
 - _____% watch porn daily or multiple times a day.
 - Practicing Christian college women:
 - _____% watch porn at least occasionally.
 - _____% watch porn at least monthly.

- It's _____.
 - Of all the language God uses to describe how fleshly lust impacts a person, He uses _____ imagery.
 - Porn is waging war against:
 - _____ growth.
 - Marriages.
 - One of the best predictors of divorce for a person is the _____ of their porn habit.
 - Kingdom Service.
 - More porn = less _____.
 - Godly parenting.
 - Healthy Sexuality.
 - Porn can change your _____ preferences.
 - Only _____% of pastors have a resource to address pornography.
 - Less than 10% of Christian men who struggle with porn seek out help, because _____ is massive.

- It's _____.
 - _____ is the pleasure chemical that our brain releases when we experience something our brain wants us to remember and repeat.

- When people get hooked on the “sugar high”, they lose their appetite for the “_____ meal.”
- Our brains can lock us into _____.
- The adolescent brain is more susceptible to _____ substances.
- If a person gets hooked on an addictive substance before they’re 18, the chances that it becomes a lifelong struggle go way up.
- Addiction experts tell us that an addiction goes to a new level when a person starts using their dopamine high to medicate _____ _____ in their life.

Root of Addiction	→	Solution
The _____ Society	→	Renew the Mind
Isolation	→	Develop authentic _____
Negative _____	→	Process emotions and grow EQ
Shame	→	Live out of identity in _____
Trauma	→	Replace _____ with truth

- If you were a cocaine addict and always had a _____ of cocaine in your front pocket, do you think it’d be hard to break? That’s what we have with the iPhone.
- You don’t just quit a porn addiction - you must _____ it.
- _____% find freedom when they finish the program and are committed to its core 3 habits.

Notes: